Oct., Nov., Dec. 2026 Event List

SonBridge Center for Better Living, 1200 SE 12th St., College Place, WA

(509) 529-3100 sonbridge.org

TITLE	DESCRIPTION		CONTACT
AA District 9	Second Sun of the Month 6 – 8 p.m.	Monthly Meeting of local AA District	Margurite Birdsong 509-730-0722
AA Early Birds	Every Day 6:30 – 7:30 a.m.	An early morning meeting for those who need early support through your recovery journey.	Michael Dolan mfdhappy@live.com 509-520-1680
AA SMEO	Every Sun 10 – 11:50 a.m.	Alcoholics Anonymous Sunday Morning Eye Opener.	Gene Alexander eda.1@charter.net 509-529-3826
AA The Family Afterwards	Every Mon – Thurs 5:30 – 6:30 p.m.	A group that helps people through the recovery process of alcoholism.	Jacob Heezen jacob.heezen35@gmail.com 509-876-9126
AA Touch on Feelings	Every Fri 7 – 9:00 p.m.	A space for alcoholics to find and maintain sobriety. This group dives into the feelings that come along the journey.	Gene Alexander eda.1@charter.net 509-529-3826
AAUW Lunch Bunch Book Group	November 12 12 – 1 p.m.	Book group that discusses contemporary life, the northwest, womens issues and a variety of other subjects.	Helen Brownell ghbrownell@gmail.com 509-301-9013
Adventist Retired Workers	11/8 & 12/6 12 – 4:45 p.m.	A support group, mission-oriented organization for senior denominational employees.	Sharon Heinrich sharonheinrich09@yahoo.com 813-997-1704
Adventist Singles Potluck	1st & 3rd Sat 12 – 5 p.m.	Are you single and looking for something to fill your evening? Come join in on food.	Jim Cain jdcain99324@gmail.com 509-525-1074
Enhance Fitness	Oct, Nov: Tue, Wed Dec: Tue, Thur. 9:30 – 10:15 a.m.	A low-impact total body exercise class for individuals with chronic conditions, fall concerns and sedentary lifestyles. Free for Walla Walla county adults 60+ due to WA State funding.	Melissa Lambert melissa@peaknorthwest.com 509-540-2940
Family Caregivers Support	2nd & 4th Thurs 10 – 11 a.m.	Are you worn out or teary from the tasks of caring for your loved one? Meet with a community that shares your struggles and joys of family caregiving.	Linda Ray fiddleplayinmama@gmail.com 509-629-0339
Folklorico Estrellas de Mexico	Every Tue, Wed, Thurs 5 – 9 p.m.	Engage with Mexico's history of dancing and teach young children about their culture through music.	Brissa Perez brissa106@gmail.com 509-200-0791
FREE Medicare Help!	1st and 3rd Mon 9:45 a.m. – 2:15 p.m. 3rd Fri 9:45 a.m. – 12:45 p.m.	Senior Insurance Navigation Specialists charge nothing to you for theirs services and are here to guide you to the path of confidence on your Medicare Advantage Plans, Medicare Supplement Plans, Medicare Prescription Plans, Retirement Options, Life Insurance Options, Hospital Indemnity Plans, Dental Plans and more!	John Hughes johnhughesllc@gmail.com 509-540-7220
Garden Club	10/26 6:30 – 8:30 p.m.	A social club that focuses on gardening education. They invite speakers and visit gardens each meeting. First couple meetings are free. Membership is $25/yr.	Brenda Clifton btru.clifton@gmail.com 509-240-3881
Junior Club of Walla Walla	2nd Thurs 6 – 8:30 p.m.	A community of women dedicated to empowering each other, fostering meaningful connections, and contributing to a cause greater than ourselves. Come volunteer.	Elize Jordan juniorclubww@gmail.com 509-386-9931
Lacy Lacers	1st Tues 7 – 9 p.m.	This group is part of the International Lace Organization where everyone works on lacing projects. First two meetings are free, then $20/yr.	Edith Mailolo edith.mailolo@gmail.com 509-240-4398

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SA	Every Mon & Thurs 7 – 8 p.m., Sat 8 – 9 a.m.	Come fellowship with men and women who have experienced the effects of someone's sexual behavior. Sharing strength and hope to everyone.	Aaron Canwell canwaa@gmail.com 509-540-2573
TBI	1st & 3rd Tues 5:30 – 7:30 p.m.	This group helps people struggling day to day with traumatic brain injury and post-traumatic stress disorder in the Walla Walla Valley.	Steve Thompson thompsskist@gmail.com 509-386-3251
TGIF Knitting Group	Every Fri 1:30 – 3 p.m.	A knitting group that supports people who already have an understanding of knitting (sadly not for first-timers).	Alice MacDonald amacd@charter.net 509-522-5428
TOPS	Every Tues 12 – 1:15 p.m.	Take off Pounds Sensibly, a motivational, weight-loss support group for anyone interested.	Peggy Konzek geopegkon@gmail.com 360-903-2168
VFW Post 992 Auxiliary	2nd Wed 7 – 8:15 pm	Developing ideas to assist Veterans and families with health and wellness for all. Assist in finding ways to get paperwork done. Helping out at the VA Home place where needed.	Judy Piper TinkerBelle65@icloud.com 509-525-6496 360-213-4488
Village Church Women's Ministries	12/13 12 – 5 p.m.	Throughout the year Village Church women's ministries organizes events to strengthen the spiritual life and community bond of women of all ages.	Jennifer Austin jensfairladyz@gmail.com 509-301-3671
Volunteers Love Serving Veterans	2nd & 4th Tues 9:30 – 10:30 a.m.	Our mission is about practical ways to meet the needs of veterans and their families to bring more joy into their lives.	Dixie Ferguson 509-529-1230
Weavers & Spinners Various Group	2nd Wed 7 – 9 p.m.	A basketry workshop that focuses on the art and process of basketry.	Lucy H. Clark lehellier@gmail.com 509-204-2161
	3rd Wed 7 – 9 p.m.	A weaving workshop that focuses on fiber arts like tapestries and rugs.	
	4th Wed 7 – 9 p.m.	Weavers & Spinners is a diverse fiber arts group that covers weaving, spinning, and basketry. All skill levels and new members welcome.	